

# Trauma Informed Care Working Group

## Guiding Principles

### Universal Access and Equity

Promote universal access and equitable services that meaningfully account for differences in race, ethnicity, language, sexual orientation, gender identity, and disability status.

- Implement routine agency assessments to better understand and address disparate outcomes such as the Trauma-Informed Agency Self-Assessment and the Racial Equity Impact Assessment.
- Promote community-based resources that are the least restrictive and least stigmatizing.

### Cross-Systems Collaboration

Enhance and maintain effective cross-systems collaborative work.

- Expand current collaborative efforts to engage a broader range of providers, advocates, and family members.
- Create partnerships with community groups that provide accountability and sustainability of family engagement and equity with respect to race, ethnicity, language, sexual orientation, gender identity, and disability status.

### Trauma-Informed Screening

Support a standard practice of trauma-informed screening for victimization and trauma.

- Promote the consistent use of screening tools and assessments that account for cultural and community differences (including language).
- Provide appropriate training on how to reduce implicit bias and administer screening tools in a trauma-informed and culturally responsive manner.

### Coordinated Services

Support consistent, appropriate, and meaningful services with coordinated systems navigation and a shared understanding of information sharing parameters.

- Establish centralized community-based points of contact to engage with families and support them in accessing available resources.
- Endorse the use of the Virginia Department of Education Information Sharing Grid to promote a common understanding of confidentiality restrictions

### Workforce Development

Support workforce development around trauma-informed practices by providing:

- Training for all staff on effective communication strategies to engage children, youth, and families and enable them to voice their needs.
- Professional development opportunities on special topics such as substance use, trauma, or vicarious trauma.